

Month/Year: _____

Site: _____

Adult Day Care Menu Record

Week: _____

Components	Menu	Menu	Menu	Menu	Menu
Breakfast	Monday Date:	Tuesday Date:	Wednesday Date:	Thursday Date:	Friday Date:
Milk					
Vegetable/Fruit or both					
Grains					
Grains					
Meat/MA can be substituted 3 times a week					
Lunch					
Milk					
Meat/Meat Alternate					
Vegetable					
Vegetable or Fruit					
Grains					
Grains					
Snack					
Milk					
Meat/Meat Alternate					
Vegetable					
Fruit					
Grains					
Supper					
Meat/Meat Alternate					
Vegetable					
Vegetable or Fruit					
Grains					
Grains					